

La Loma Junior High School

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ADMINISTRATION

Shaun Hurtado
Principal

Julie Koozer
Assistant Principal

Kevin Mayer
Assistant Principal

Dear La Loma Jr. High Families,

Mental health support is as important as ever during these difficult times. La Loma Jr. High is happy to partner with Center for Human Services to provide social emotional learning services to our students and families.

The Student Assistance Program (SAP) is available to all students district wide. It provides short-term intervention, prevention and education services to help students build life, social and coping skills.

The goal of SAP is to provide students the support they need and an opportunity to learn life skills so they may achieve greater success in school and in life.

Students can be seen for a variety of issues. The most common reasons that a student receives services are for family issues, anxiety, anger management, relationship issues and sadness.

- Students are met with in a one-on-one or group setting by a Student Assistance Specialist (SAS).
- Sessions typically last 30-45 minutes and students are met with one time per week for 6-8 weeks.
- Services are provided free of charge.
- All that is required to receive services is permission from a legal guardian.

SAP services should not be considered counseling or therapy. If a student needs long-term services, the SAS will assist in identifying and referring to an appropriate mental health program.

The SAS is also available to support parents and families in several ways including locating various community resources such as counseling, food pantries, clothing closets, utilities assistance, parenting classes and more.

If you would like your child to receive these services, please contact your SAS, Ada Ramos, to learn more about the referral process. Ms. Ramos can be reached by email at ramos.ad@monet.k12.ca.us or phone at 209-492-6018.